



**Welcome to the Ercall Wood  
Safeguarding Bulletin**

**Issue 10**

**Welcome to our Spring Term 3 addition of  
safeguarding Newsletter from The Ercall  
Wood Academy Safeguarding Team**

**Contents:**

- Mental health awareness
- Family Lives
- YoungMinds
- Good thinking
- IWF
- Place2Be
- What are NFT's?



The Family Lives charity aims to offer all parents somewhere to turn before they reach crisis point. Crisis support, provided for over 40 years through their helpline, has always been at the heart of what they do.

Family Lives also have an excellent website to help parents with the ups and downs of family life. For advice and useful tips about building resilience in children and teens can be download from [here](#):

The Family Lives parents' helpline is available Monday to Friday, 1.30 - 9pm on [0808 800 2222](tel:0808800222). The website can be found [here](#):



**Young Minds** have a page dedicated to advice for people when they are struggling to cope. It covers a wide range of reasons why a young person might be feeling down or in need of support, as well as links to support services and tips to feel better. See the [webpage](#).

– useful advice to signpost young people to.

**shout**  
**85258**

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required  
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

**SAMARITANS**

[Samaritans](#) 24/7 365 days a year - they are here to listen and provide support  
Call: 116 123 or email: [jo@samaritans.org](mailto:jo@samaritans.org)



**Beat** provide support to help young people who may be struggling with an eating problem or an eating disorder  
**Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811** (9am – 8pm during the week and 4pm – 8pm on weekends and bank holidays)



Is a Digital Mental Wellbeing website that has various support for young people, parents and carers, employers and employees and faith and belief communities. You will find help on topics such as sleep, anxiety low mood and stress.

There are podcasts, apps, workbooks, and guides together with self-assessments that you can take. Click link below to take you straight to the Parent and Carers section of the [website](#)

## USEFUL ON-LINE SAFETY WEBSITES

National Online Safety – safety guides on ALL aspects of [internet use](#)

Internet Matters – wide range of online safety advice for parents to keep their children [safe on-line](#).



IWF safety campaign aims to help parents have conversations with their

children about keeping their 'door' closed to child sexual abusers. The campaign includes a booklet for parents, explaining the risks, explaining why children are vulnerable, and suggests practical steps that parents can take.

**TALK** to your child about online sexual abuse. Start the conversation – and listen to their concerns.

**AGREE** ground rules about the way you use technology.

**LEARN** about the platforms and apps your child loves.

**KNOW** how to use tools, apps and settings that can help to keep your child safe online. For further details go to: <https://talk.iwf.org.uk/>



The children's mental health charity,

Place2Be, has launched a new website aimed at helping parents with typical situations they may experience with children.

Advice can be found on over forty topics including:

Understanding sibling rivalry

My child is lying, what does it mean, what should I do?

My child has trouble going to sleep

My child says, 'I hate you!'

Cultural identity: who am I?

The Parenting Smart website can be found [here](#):



After just beginning to try and understand cryptocurrencies and Deepfakes and the risks, we have news for you – there is another online trend on the rise! The digital craze of NFT's has exploded in

popularity the last few months and doesn't show any signs of stopping.

In simple terms, NFTs are unique digital assets that hold value. They are bought using cryptocurrency. NFT stands for 'non-fungible token'. As NFTs are non-fungible, they can't be split into parts and traded. If something is fungible, it means that it can be broken down into units and traded as an asset with another of the same type. A £20 note is fungible because you 'break it down' and use it to pay for things in smaller amounts.

NFT's come in the form of art, videos, photos and audio files. What makes NFTs different from standard digital art is the way they are bought, sold and owned. NFT's are useful for online content creators who wish to sell 'one of a kind' ownership of their art or 'digital assets'. This exclusivity has helped them rise in popularity and become part of online culture. Celebrities, influencer and even public figures have been buying, selling and creating NFT's, making the concept even more popular. YouTuber Logan Paul made \$3.5 million in one day after announcing a limited run of 3000 NFTs. For more information and advice click link below [A Beginner's Guide to NFTs - Ineqe Safeguarding Group](#)

## **The Ercall Wood academy Safeguarding Team**

The Ercall Wood academy Safeguarding Team have been trained to an advanced level on all aspects of safeguarding. The team is available to any student, parent or school staff member to discuss and report any safeguarding concerns.

The team members are:

# SAFEGUARDING TEAM



**Mr Darren Andrews**

**Designated Safeguard Lead — Assistant Principal**



**Ms L Moore**

**Deputy Designated Safeguard Lead**



**Mrs L Kelly**

**Level 2 Safeguarding  
Pastoral Lead Year 10**



**Ms K Athawes**

**Level 2 Safeguarding  
Vice Principal**



**Mrs J Leese**

**Level 2 Safeguarding  
SEND**



Yours sincerely,

**Mr Darren Andrews**

Assistant Principal/Designated Safeguarding Lead

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